

## Old Covenant health and healing

Now Abraham said of Sarah his wife, "She is my sister." And Abimelech king of Gerar sent and took Sarah. But God came to Abimelech in a dream by night, and said to him, "Indeed you are a dead man because of the woman whom you have taken, for she is a man's wife." And God said to him in a dream, "Yes, I know that you did this in the integrity of your heart. For I also withheld you from sinning against Me; therefore I did not let you touch her. Now therefore, restore the man's wife; for he is a prophet, and he will pray for you and you shall live. But if you do not restore her, know that you shall surely die, you and all who are yours." Then Abimelech took sheep, oxen, and male and female servants, and gave them to Abraham; and he restored Sarah his wife to him. So Abraham prayed to God; and God healed Abimelech, his wife, and his female servants. Then they bore children; for the Lord had closed up all the wombs of the house of Abimelech because of Sarah, Abraham's wife. (Gen 20:2-3, 6-7, 14, 17-18)

Now when they came to Marah, they could not drink the waters of Marah, for they were bitter. Therefore the name of it was called Marah. And the people complained against Moses, saying, "What shall we drink?" So he cried out to the Lord, and the Lord showed him a tree. When he cast it into the waters, the waters were made sweet. There He made a statute and an ordinance for them, and there He tested them, and said, "If you diligently heed the voice of the Lord your God and do what is right in His sight, give ear to His commandments and keep all His statutes, I will put none of the diseases on you which I have brought on the Egyptians. For I am the Lord who heals you." (Exo 15:23-26)

"So you shall serve the Lord your God, and He will bless your bread and your water. And I will take sickness away from the midst of you. No one shall suffer miscarriage or be barren in your land; I will fulfill the number of your days. " (Exo 23:25-26)

Then Miriam and Aaron spoke against Moses because of the Ethiopian woman whom he had married; for he had married an Ethiopian woman. So they said, "Has the Lord indeed spoken only through Moses? Has He not spoken through us also?" And the Lord heard it. So the anger of the Lord was aroused against them, and He departed. And when the cloud departed from above the tabernacle, suddenly Miriam became leprous, as white as snow. Then Aaron turned toward Miriam, and there she was, a leper. So Moses cried out to the Lord, saying, "Please heal her, O God, I pray!" Then the Lord said to Moses, "If her father had but spit in her face, would she not be shamed seven days? Let her be shut out of the camp seven days, and afterward she may be received again." (Num 12:1-2, 9-10, 13-14)

Then they journeyed from Mount Hor by the Way of the Red Sea, to go around the land of Edom; and the soul of the people became very discouraged on the way. And the people spoke against God and against Moses: "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and our soul loathes this worthless bread." So the Lord sent fiery serpents among the people, and they bit the people; and many of the people of Israel died. Therefore the people came to Moses, and said, "We have sinned, for we have spoken against the Lord and against you; pray to the Lord that He take away the serpents from us." So Moses prayed for the people.

Then the Lord said to Moses, "Make a fiery serpent, and set it on a pole; and it shall be that everyone who is bitten, when he looks at it, shall live." So Moses made a bronze serpent, and put it on a pole; and so it was, if a serpent had bitten anyone, when he looked at the bronze serpent, he lived. (Num 21:4-9)

*Blessings of Obedience* *(In the beginning, Israel obeys.)*

"Therefore know that the Lord your God, He is God, the faithful God who keeps covenant and mercy for a thousand generations with those who love Him and keep His commandments; and He repays those who hate Him to their face, to destroy them. He will not be slack with him who hates Him; He will repay him to his face. Therefore you shall keep the commandment, the statutes, and the judgements which I command you today, to observe them. Then it shall come to pass, because you listen to these judgements, and keep and do them, that the Lord your God will keep with you the covenant and the mercy which He swore to your fathers. And He will love you and bless you and multiply you; He will also bless the fruit of your womb and the fruit of your land, your grain and your new wine and your oil, the increase of your cattle and the offspring of your flock, in the land of which He swore to your fathers to give you. You shall be blessed above all peoples; there shall not be a male or female barren among you or among your livestock. And the Lord will take away from you all sickness, and will afflict you with none of the terrible diseases of Egypt which you have known, but will lay them on those who hate you." (Deu 7:9-15)

*Curses on Disobedience* *(Disobedient, they are later taken off to Babylon.)*

"But it shall come to pass, if you do not obey the voice of the Lord your God, to observe carefully all His commandments and His statutes which I command you today, that all these curses will come upon you and overtake you:"

"The Lord will make the plague cling to you until He has consumed you from the land which you are going to possess. The Lord will strike you with consumption, with fever, with inflammation, with severe burning fever, with the sword, with scorching, and with mildew; they shall pursue you until you perish."

"The Lord will strike you with the boils of Egypt, with tumors, with the scab, and with the itch, from which you cannot be healed. The Lord will strike you with madness and blindness and confusion of heart."

"The Lord will strike you in the knees and on the legs with severe boils which cannot be healed, and from the sole of your foot to the top of your head."

"Moreover all these curses shall come upon you and pursue and overtake you, until you are destroyed, because you did not obey the voice of the Lord your God, to keep His commandments and His statutes which He commanded you. And they shall be upon you for a sign and a wonder, and on your descendants forever. Because you did not serve the Lord your God with joy and gladness of heart, for the abundance of everything, therefore you shall serve your enemies, whom the Lord will send against you, in hunger, in thirst, in nakedness, and in need of everything; and He will put a yoke of iron on your neck until He has destroyed you." (Deu 28:15, 21-22, 27-28, 35, 45-48)

*Blessings of returning to God* *(Repentant they are sent back to rebuild Jerusalem.)*

"Now it shall come to pass, when all these things come upon you, the blessing and the curse which I have set before you, and you call them to mind among all the nations where the Lord your God drives you, and you return to the Lord your God and obey His voice, according to all that I command you today, you and your children, with all your heart and with all your soul, that the Lord your God will bring you back from captivity, and have

compassion on you, and gather you again from all the nations where the Lord your God has scattered you."

"Then the Lord your God will bring you to the land which your fathers possessed, and you shall possess it. He will prosper you and multiply you more than your fathers. And the Lord your God will circumcise your heart and the heart of your descendants, to love the Lord your God with all your heart and with all your soul, that you may live."

"I call heaven and earth as witnesses today against you, that I have set before you life and death, blessing and cursing; therefore choose life, that both you and your descendants may live; that you may love the Lord your God, that you may obey His voice, and that you may cling to Him, for He is your life and the length of your days; and that you may dwell in the land which the Lord swore to your fathers, to Abraham, Isaac, and Jacob, to give them." (Deu 30:1-3, 5-6, 19-20)

"Now see that I, even I, am He, and there is no God besides Me; I kill and I make alive; I wound and I heal; nor is there any who can deliver from My hand." (Deu 32:39)

Then they found an Egyptian in the field, and brought him to David; and they gave him bread and he ate, and they let him drink water. And they gave him a piece of a cake of figs and two clusters of raisins. So when he had eaten, his strength came back to him; for he had eaten no bread nor drunk water for three days and three nights. Then David said to him, "To whom do you belong, and where are you from?" And he said, "I am a young man from Egypt, servant of an Amalekite; and my master left me behind, because three days ago I fell sick."

*(David's kindness is rewarded, and he is taken down to the invaders by the Egyptian!)*

So David recovered all that the Amalekites had carried away, and David rescued his two wives. And nothing of theirs was lacking, either small or great, sons or daughters, spoil or anything which they had taken from them; David recovered all. (1Sa 30:11-13, 18-19)

Then he cried to the Lord and said, "O Lord my God, have You also brought tragedy on the widow with whom I lodge, by killing her son?" And he stretched himself out on the child three times, and cried out to the Lord and said, "O Lord my God, I pray, let this child's soul come back to him." Then the Lord heard the voice of Elijah; and the soul of the child came back to him, and he revived. And Elijah took the child and brought him down from the upper room into the house, and gave him to his mother. And Elijah said, "See your son lives!" Then the woman said to Elijah, "Now by this I know that you are a man of God, and that the word of the Lord in your mouth is the truth." (1Ki 17:22-24)

Then the men of the city said to Elisha, "Please notice, the situation of this city is pleasant, as my lord sees; but the water is bad, and the ground barren." And he said, "Bring me a new bowl, and put salt in it." So they brought it to him. Then he went out to the source of the water, and cast in the salt there, and said, "Thus says the Lord: 'I have healed this water; from it there shall be no more death or barrenness.' " So the water remains healed to this day, according to the word of Elisha which he spoke. (2Ki 2:19-22)

When Elisha came into the house, there was the child, lying dead on his bed. He went in therefore, shut the door behind the two of them, and prayed to the Lord. And he went up and lay on the child, and put his mouth on his mouth, his eyes on his eyes, and his hands on his hands; and he stretched himself out on the child, and the flesh of the child became warm. He returned and walked back and forth in the house, and again went up

and stretched himself out on him; then the child sneezed seven times, and the child opened his eyes. And he called Gehazi and said, "Call this Shunammite woman." So he called her. And when she came in to him, he said, "Pick up your son." So she went in, fell at his feet, and bowed to the ground; then she picked up her son and went out.

(2Ki 4:32-37)

And Elisha returned to Gilgal, and there was a famine in the land. Now the sons of the prophets were sitting before him; and he said to his servant, "Put on the large pot, and boil stew for the sons of the prophets." So one went out into the field to gather herbs, and found a wild vine, and gathered from it a lapful of wild gourds, and came and sliced them into the pot of stew, though they did not know what they were. Then they served it to the men to eat. Now it happened, as they were eating the stew, that they cried out and said, "Man of God, there is death in the pot!" And they could not eat it. So he said, "Then bring some flour." And he put it into the pot, and said, "Serve it to the people, that they may eat." And there was nothing harmful in the pot. (2Ki 4:38-41)

Now Naaman, commander of the army of the king of Syria, was a great and honorable man in the eyes of his master, because by him the Lord had given victory to Syria. He was also a mighty man of valor, but a leper. And the Syrians had gone out on raids, and had brought back captive a young girl from the land of Israel. She waited on Naaman's wife. Then she said to her mistress, "If only my master were with the prophet who is in Samaria! For he would heal him of his leprosy."

Then Naaman went with his horses and chariot, and he stood at the door of Elisha's house. And Elisha sent a messenger to him, saying, "Go and wash in the Jordan seven times, and your flesh shall be restored to you, and you shall be clean."

So he went down and dipped seven times in the Jordan, according to the saying of the man of God; and his flesh was restored like the flesh of a little child, and he was clean. And he returned to the man of God, he and all his aides, and came and stood before him; and he said, "Indeed, now I know that there is no God in all the earth, except in Israel; now therefore, please take a gift from your servant." But he said, "As the Lord lives, before whom I stand, I will receive nothing." And he urged him to take it, but he refused. (2Ki 5:1-3, 9-10, 14-16)

Then Elisha died, and they buried him. And the raiding bands from Moab invaded the land in the spring of the year. So it was, as they were burying a man, that suddenly they spied a band of raiders; and they put the man in the tomb of Elisha; and when the man was let down and touched the bones of Elisha, he revived and stood on his feet.

(2Ki 13:20-21)

"Return and tell Hezekiah the leader of My people, 'Thus says the Lord, the God of David your father: "I have heard your prayer, I have seen your tears; surely I will heal you. On the third day you shall go up to the house of the Lord. And I will add to your days fifteen years. I will deliver you and this city from the hand of the king of Assyria; and I will defend this city for My own sake, and for the sake of My servant David." ' "

(2Ki 20:5-6)

"If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land." (2Ch 7:14)

So the children of Israel who were present at Jerusalem kept the feast of Unleavened Bread seven days with great gladness; and the Levites and the priests praised the Lord day by day, singing to the Lord, accompanied by loud instruments. And Hezekiah gave encouragement to all the Levites who taught the good knowledge of the Lord; and they ate throughout the feast seven days, offering peace offerings and making confession to the Lord God of their fathers.

So there was great joy in Jerusalem, for since the time of Solomon the son of David, king of Israel, there had been nothing like this in Jerusalem. Then the priests, the Levites, arose and blessed the people, and their voice was heard; and their prayer came up to His holy dwelling place, to heaven. (2Ch 30:21-22, 26-27)

I will extol You, O Lord, for You have lifted me up, and have not let my foes rejoice over me. O Lord my God, I cried out to You, and You healed me. O Lord, You brought my soul up from the grave; You have kept me alive, that I should not go down to the pit. (Psa 30:1-3)

Blessed is he who considers the poor; The Lord will deliver him in time of trouble. The Lord will preserve him and keep him alive, and he will be blessed on the earth; You will not deliver him to the will of his enemies. The Lord will strengthen him on his bed of illness; You will sustain him on his sickbed. (Psa 41:1-3)

Bless the Lord, O my soul; and all that is within me, bless His holy name!  
Bless the Lord, O my soul, and forget not all His benefits: Who forgives all your iniquities, Who heals all your diseases, Who redeems your life from destruction, Who crowns you with loving kindness and tender mercies, Who satisfies your mouth with good things, so that your youth is renewed like the eagle's. (Psa 103:1-5)

Then they cried out to the Lord in their trouble, and He saved them out of their distresses. He sent His word and healed them, and delivered them from their destructions. O, that men would give thanks to the Lord for His goodness, and for His wonderful works to the children of men! Let them sacrifice the sacrifices of thanksgiving, and declare His works with rejoicing. (Psa 107:19-22)

Praise the Lord! For it is good to sing praises to our God; For it is pleasant, and praise is beautiful. The Lord builds up Jerusalem; He gathers together the outcasts of Israel. He heals the brokenhearted and binds up their wounds. He counts the number of the stars; He calls them all by name. Great is our Lord, and mighty in power; His understanding is infinite. The Lord lifts up the humble; He casts the wicked down to the ground. (Psa 147:1-6)

My son, do not forget my law, but let your heart keep my commands; For length of days and long life and peace they will add to you. Let not mercy and truth forsake you; bind them around your neck, write them on the tablet of your heart, and so find favor and high esteem in the sight of God and man. Trust in the Lord with all your heart, and lean not on your own understanding; In all your ways acknowledge Him, and He shall direct your paths. Do not be wise in your own eyes; fear the Lord and depart from evil. It will be health to your flesh and strength to your bones. (Pro 3:1-8)

My son, give attention to my words; incline your ear to my sayings. Do not let them depart from your eyes; keep them in the midst of your heart; For they are life to those who find them, and health to all their flesh. Keep your heart with all diligence, for out of it spring the issues of life. (Pro 4:20-23)

He who speaks truth declares righteousness, but a false witness, deceit. There is one who speaks like the piercings of a sword, but the tongue of the wise promotes health. The truthful lip shall be established forever, but a lying tongue is but for a moment. Deceit is in the heart of those who devise evil, but the counselors of peace have joy. (Pro 12:17-20)

Hope deferred makes the heart sick, but when the desire comes, it is a tree of life. He who despises the word will be destroyed, but he who fears the commandment will be rewarded. The law of the wise is a fountain of life, to turn one away from the snares of death. Good understanding gains favor, but the way of the unfaithful is hard. Every prudent man acts with knowledge, but a fool lays open his folly. A wicked messenger falls into trouble, but a faithful ambassador brings health. (Pro 13:12-17)

He who heeds the word wisely will find good, and whoever trusts in the Lord, happy is he. The wise in heart will be called prudent, and sweetness of the lips increases learning. Understanding is a wellspring of life to him who has it. But the correction of fools is folly. The heart of the wise teaches his mouth, and adds learning to his lips. Pleasant words are like a honeycomb, sweetness to the soul and health to the bones. (Pro 16:20-24)

Here is what I have seen: It is good and fitting for one to eat and drink, and to enjoy the good of all his labor in which he toils under the sun all the days of his life which God gives him; for it is his heritage. As for every man to whom God has given riches and wealth, and given him the power to eat of it, to receive his heritage and rejoice in his labor - this is the gift of God. For he will not dwell unduly on the days of his life, because God keeps him busy with the joy of his heart. (Ecc 5:18-20)

A good name is better than precious ointment, and the day of death than the day of one's birth; Better to go to the house of mourning than to go to the house of feasting, For that is the end of all men; and the living will take it to heart. Sorrow is better than laughter, for by a sad countenance the heart is made better. The heart of the wise is in the house of mourning, but the heart of fools is in the house of mirth. Wisdom is good with an inheritance, and profitable to those who see the sun. For wisdom is a defense as money is a defense, but the excellence of knowledge is that wisdom gives life to those who have it. (Ecc 7:1-4, 11-12)

Also I heard the voice of the Lord, saying: "Whom shall I send, and who will go for Us?" Then I said, "Here am I! Send me." And He said, "Go and tell this people: 'Keep on hearing, but do not understand; keep on seeing, but do not perceive.' Make the heart of this people dull, and their ears heavy, and shut their eyes; Lest they see with their eyes, and hear with their ears, and understand with their heart, and return and be healed." (I sa 6:8-10)

Moreover the light of the moon will be as the light of the sun, and the light of the sun will be sevenfold, as the light of seven days, in the day that the Lord binds up the bruise of His people and heals the stroke of their wound. (I sa 30:26)

*Isaiah* > "Go and tell Hezekiah, 'Thus says the Lord, the God of David your father: "I have heard your prayer, I have seen your tears; surely I will add to your days fifteen years. (I sa 38:5)

*Hezekiah* > "What shall I say? He has both spoken to me, and He Himself has done it. I shall walk carefully all my years in the bitterness of my soul. O Lord, by these things men live; and in all these things is the life of my spirit; so You will restore me and make me live. Indeed it was for my own peace that I had great bitterness; but You have lovingly delivered my soul from the pit of corruption, for You have cast all my sins behind Your back. For Sheol cannot thank You, Death cannot praise You; those who go down to the pit cannot hope for Your truth. The living, the living man, he shall praise You, as I do this day; the father shall make known Your truth to the children. The Lord was ready to save me; therefore we will sing my songs with stringed instruments all the days of our life, in the house of the Lord." (I sa 38:15-20)

He is despised and rejected by men, a Man of sorrows and acquainted with grief. And we hid, as it were, our faces from Him; He was despised, and we did not esteem Him. Surely He has borne our griefs and carried our sorrows; Yet we esteemed Him stricken, smitten by God, and afflicted. But He was wounded for our transgressions, He was bruised for our iniquities; the chastisement for our peace was upon Him, and by His stripes we are healed. All we like sheep have gone astray; we have turned, everyone, to his own way; and the Lord has laid on Him the iniquity of us all. (I sa 53:3-6)

"I have seen his ways, and will heal him; I will also lead him, and restore comforts to him and to his mourners. I create the fruit of the lips: Peace, peace to him who is far off and to him who is near," says the Lord, "And I will heal him. But the wicked are like the troubled sea, when it cannot rest, whose waters cast up mire and dirt. There is no peace," says my God, "for the wicked." (I sa 57:18-21)

"Is this not the fast that I have chosen: To loose the bonds of wickedness, to undo the heavy burdens, to let the oppressed go free, and that you break every yoke? Is it not to share your bread with the hungry, and that you bring to your house the poor who are cast out; when you see the naked, that you cover him, and not hide yourself from your own flesh? Then your light shall break forth like the morning, your healing shall spring forth speedily, and your righteousness shall go before you; the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry, and He will say, 'Here I am.' If you take away the yoke from your midst, the pointing of the finger, and speaking wickedness, if you extend your soul to the hungry and satisfy the afflicted soul, then your light shall dawn in the darkness, and your darkness shall be as the noonday. The Lord will guide you continually, and satisfy your soul in drought, and strengthen your bones; you shall be like a watered garden, and like a spring of water, whose waters do not fail." (I sa 58:6-11)

"The Spirit of the Lord God is upon Me, because the Lord has anointed Me to preach good tidings to the poor; He has sent Me to heal the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound; to proclaim the acceptable year of the Lord, and the day of vengeance of our God; to comfort all who

mourn, to console those who mourn in Zion, to give them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; that they may be called trees of righteousness, the planting of the Lord, that He may be glorified."

(Isa 61:1-3)

Thus says the Lord : "Let not the wise man glory in his wisdom, let not the mighty man glory in his might, Nor let the rich man glory in his riches; but let him who glories glory in this, that he understands and knows Me, that I am the Lord, exercising lovingkindness, judgment, and righteousness in the earth. For in these I delight," says the Lord. (Jer 9:23-24)

Thus says the Lord : "Cursed is the man who trusts in man and makes flesh his strength, whose heart departs from the Lord. For he shall be like a shrub in the desert, and shall not see when good comes, but shall inhabit the parched places in the wilderness, in a salt land which is not inhabited. Blessed is the man who trusts in the Lord, and whose hope is the Lord. For he shall be like a tree planted by the waters, which spreads out its roots by the river, and will not fear when heat comes; but its leaf will be green, and will not be anxious in the year of drought, nor will cease from yielding fruit. The heart is deceitful above all things, and desperately wicked; who can know it? I, the Lord, search the heart, I test the mind, even to give every man according to his ways, according to the fruit of his doings. As a partridge that broods but does not hatch, so is he who gets riches, but not by right; it will leave him in the midst of his days, and at his end he will be a fool." A glorious high throne from the beginning is the place of our sanctuary. O Lord, the hope of Israel, all who forsake You shall be ashamed. "Those who depart from Me shall be written in the earth, because they have forsaken the Lord, the fountain of living waters." Heal me, O Lord, and I shall be healed; save me, and I shall be saved, for You are my praise. (Jer 17:5-14)

"For I will restore health to you and heal your wounds," says the Lord, "Because they called you an outcast saying : 'This is Zion; no one seeks her.' " (Jer 30:17)

'Behold, I will bring it (*the city*) health and healing; I will heal them and reveal to them the abundance of peace and truth. And I will cause the captives of Judah and the captives of Israel to return, and will rebuild those places as at the first. I will cleanse them from all their iniquity by which they have sinned against Me, and I will pardon all their iniquities by which they have sinned and by which they have transgressed against Me. Then it shall be to Me a name of joy, a praise, and an honor before all nations of the earth, who shall hear all the good that I do to them; they shall fear and tremble for all the goodness and all the prosperity that I will provide for it.' (Jer 33:6-9)

'For thus says the Lord God: "Indeed I Myself will search for My sheep and seek them out. As a shepherd seeks out his flock on the day he is among his scattered sheep, so will I seek out My sheep and deliver them from all the places where they were scattered on a cloudy and dark day. And I will bring them out from the peoples and gather them from the countries, and will bring them to their own land; I will feed them on the mountains of Israel, in the valleys and in all the inhabited places of the country. I will feed them in good pasture, and their fold shall be on the high mountains of Israel. There they shall lie down in a good fold and feed in rich pasture on the mountains of Israel."

I will feed My flock, and I will make them lie down," says the Lord God. "I will seek what was lost and bring back what was driven away, bind up the broken and strengthen what was sick; but I will destroy the fat and the strong, and feed them in judgment."  
(Eze 34:11-16)

"Along the bank of the river, on this side and that, will grow all kinds of trees used for food; their leaves will not wither, and their fruit will not fail. They will bear fruit every month, because their water flows from the sanctuary. Their fruit will be for food, and their leaves for medicine." (Eze 47:12)

Now the king went to his palace and spent the night fasting; and no musicians were brought before him. Also his sleep went from him. Then the king arose very early in the morning and went in haste to the den of lions. And when he came to the den, he cried out with a lamenting voice to Daniel. The king spoke, saying to Daniel, "Daniel, servant of the living God, has your God, whom you serve continually, been able to deliver you from the lions?" Then Daniel said to the king, "O king, live forever! My God sent His angel and shut the lions' mouths, so that they have not hurt me, because I was found innocent before Him; and also, O king, I have done no wrong before you." Now the king was exceedingly glad for him, and commanded that they should take Daniel up out of the den. So Daniel was taken up out of the den, and no injury whatever was found on him, because he believed in his God. (Dan 6:18-23)

Come, let us return to the Lord; for He has torn, but He will heal us; He has stricken, but He will bind us up. After two days He will revive us; on the third day He will raise us up, that we may live in His sight. Let us know, let us pursue the knowledge of the Lord. His going forth is established as the morning; He will come to us like the rain, like the latter and former rain to the earth. (Hos 6:1-3)

"For behold, the day is coming, burning like an oven, and all the proud, yes, all who do wickedly will be stubble. And the day which is coming shall burn them up," says the Lord of hosts, "That will leave them neither root nor branch. But to you who fear My name The Sun of Righteousness shall arise with healing in His wings; and you shall go out and grow fat like stall-fed calves. You shall trample the wicked, for they shall be ashes under the soles of your feet on the day that I do this," says the Lord of hosts.  
(Mal 4:1-3)

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